



## Thurston- Mason Behavioral Health Organization Work Session Summary

<b>Date of Work Session:</b>	<b>November 4, 2016</b>
<b>Time:</b>	<b>9:11am</b>
<b>Office/Department:</b>	<b>TMBHO Governing Board</b>
<b>Subject:</b>	<b>TMBHO Agenda Setting meeting</b>
<b>Staff Contact/Author:</b>	<b>Name/Title:</b> Sherri Nehl <b>Phone:</b> 360-786-5414
<b>Attendees:</b>	<p><b>Commissioners Present:</b> Bud Blake, Terri Jeffreys</p> <p><b>BHO Administrator:</b> Mark Freedman   <b>COO:</b> Joe Avalos</p> <p><b>Other Staff:</b> Sherri Nehl, Robin Campbell, Vickie Larkin, Thurston County Commissioner's Office</p>
<b>Discussion Points:</b>	<ul style="list-style-type: none"> <li>• The Board reviewed the agenda for the November 10, 2016 TMBHO governing board meeting: <ul style="list-style-type: none"> <li>○ The Board reviewed Advisory Board appointments. Jill Himlie represents Mason County. Mandi Maycumber lives in Thurston County, and works in Mason County, Dr. Barton-Haas lives in Thurston County, Kristalene lives in Thurston County. Jenna Cook and Nancy are both Thurston County. Commissioner Blake and Commissioner Jeffreys inquired about the balance between Thurston and Mason. Commissioner Jeffreys inquired about representation from Law Enforcement. Mark Freedman confirmed that with the new appointments, there is a good balance between Thurston and Mason representation.</li> </ul> <p>Commissioner Blake asked when the Advisory Board meets. Joe stated that the next meeting is Nov 28.</p> <p>A forum was recently held at South Puget Sound Community College. Nearly every advisory board member attended, BHO staff, consumers and providers. Next coming up getting ready for MLK day. NAMI is the lead and member of board get involved.</p> <li>○ The Peer counselor training agreement was reviewed. Commissioner Jeffreys inquired how the BHO vets the participants. The state advertises to become part of the peer training. The agencies let consumers know about upcoming training. Mark will talk to Stephanie about how information is sent out. Commissioner Jeffreys inquired if Northwest Resources uses the same peer training. Joe stated that they do, and Jenna Cook is one of those peers.</li> <li>○ The Board reviewed the 2017 Budget Plan (document attached). TMBHO has been in discussion with the state and they have affirmed our plan. Mark cannot guarantee that the legislature will not change. The five year plan will encumber the funds. Robin Campbell inquired about contract language for out years. Robin stated the TMBHO needs a financial plan to show the fund balance. Mark stated that every year we increase our Medicaid revenue. Our rates are determined by a study that looks at history of spending and move rates up. The Triage will be added into our rates, which will increase revenue. Robin reiterated the need for a financial plan.</li> </li></ul>

- The Board reviewed the budget timeline. Commissioner Jeffreys asked if the development of the triage center in Mason County should be in the budget. Mark stated that due to the uncertainties of project he was unsure if it should be included. Commissioner Jeffreys asked for it to be included due to the grant money that was awarded.
- Staff updated the Board on 2017 challenges:
  - Non-Medicaid expenses. The non-Medicaid pieces are where cuts would have to take place if that were to happen. This is where millage and sales tax are used to provide services. 16 bed rule where Medicaid cannot be used will have an impact. Currently, if an individual is in a bed for more than 15 days, we lose all Medicaid. Commissioner Jeffreys asked about the legislative intent. Mark provided a history on the institutional background. The way it is written, the feds used private industry models and applied those standards across the board. Washington State is one of very few states that could use an in lieu of waiver. Most other states see this as a win, but in Washington, this hurts our BHO's. Our system is not built for IMD. Commissioner Jeffreys asked if there is a 15 day program that is effective. Joe stated that the private insurance market and has a different population and basic needs than the clients of BHO.
  - Maintain current level. In the Thurston County BOCC preliminary budget decisions, the board made the decision to decrease millage to TMBHO. That reduction will be used to fund the syringe exchange. Mark stated that the cut in millage will impact services provided by TMBHO. Vickie Larkin inquired about rent and employees and when will staff know what will have to be cut. Mark stated that possible program cuts will not be determined until the budget process is complete. Millage now pays for rent and involuntary court. Robin inquired about MI hearings. Vickie inquired about timing for budgets to know what items will be cut from either BOCC budget or TMBHO budget and the need to reconcile. Non-Medicaid SUD is what most likely takes the hit. Robin stated these might be eligible services for TST.
  - Mid or Late Adopter discussion. Yesterday Joe Avalos and Mark Freedman were at a conference that Health Care Authority discussed integration by 2020, and their interest for BHO's applying for mid-adopter. The TMBHO needs to have a conversation regarding the intent of mid or late adopter. Commissioner Blake inquired as to when the state is looking for an answer. TMBHO will need to plan. Mark discussed inviting HCA in January time frame for this discussion. The Board directed staff to schedule time with HCA in January.
  - The Board reviewed Policy Level Requests
    - Commissioner Jeffreys inquired about 17-03. If we want the ICM in Mason County, would they need to increase TST? Mark stated BHO could use Medicaid money. Joe will follow up with Commissioner Jeffreys to discuss.
    - 17-04 creates a new step down program to address new rules addressing the 15 day SUD limit. Clients still need high intensive level of care. Typically stay 23 days in residential. Treatment is tracked by the calendar month.
    - 17-06 Commissioner Jeffreys asked if the program would it be inside the school or outside location. Joe stated that the provider is in the school. ESD has been wonderful to work with. One of only 2 in the state as licensed behavioral health.
    - 17-08 Jail Diversion- Commissioner Jeffreys will follow up with Daryl Rodrigues, and the new Mason County position with Joe.

- Millage funding. A part of superior court is currently being funded by millage funds. Mark had a meeting at the triage looking at the physical space. There have a plan to proceed.
- 17-10 Training. The TMBHO is now fully staffed clinically. They are gearing up for training and clinical based practices. We have been doing very well on the youth side, now to move forward on the adult side. Training is an investment in quality of services. Commissioner Blake inquired how many people this will train. Mark indicated this will train at least 100 personnel. This should also help to retain clinicians. Average employment for clinicians is 2 years. This helps to keep skill level up for clinicians and retain at the same time.
- 17-11 ACA meeting yesterday did not mention BHO's. How do we strengthen our services to compete with MCO's? Examples- NFP, housing services if we are the licenser. This amount is not included in the 5 year plan. Commissioner Blake discussed that the Thurston County BOCC did not approve this request due to discussion as mid-adopter. Robin stated that BOCC stated that once the TMBHO board makes decisions, it could be done on a budget amendment. Commissioner Jeffreys asked if it doesn't get budgeted, does it end up in ending fund balance. Need to keep place holder under TMBHO budget. The BOCC budget is only if needed.
- 17-12 Contracting out for HR services. Timing of bringing an internal HR manager as well as contracting for services was discussed. Commissioner Blake inquired about timing for AIS to come forward? The Board provided guidance to move forward with HR consultant and TMBHO HR manager process.
- Final Budget Document:
  - Ending fund balance has now been determined.
  - Robin offered to work with Tara to display a Financial Plan-revenue, spenddown etc. that would be useful for the board.
  - As becoming a new entity, will need to create all new position descriptions and a market analysis.
- The Board directed staff to include budget as an item on the agenda for the next TMBHO meeting.
- Further items for discussion: HR contract, mid-adoption discussion, prep for adoption of budget.
- Commissioner Blake asked for the Board to receive invites to conferences for informational purposes.
- The Board adjourned at 10:39am.

*I certify this is a true and correct copy of the original document maintained in the Office of the Thurston-Mason Behavioral Health Organization.*

ATTEST:

  
Tina Gehrig, Clerk of the Board

Date: 12/15/16