



GOVERNING BOARD

Bud Blake, Chair
Thurston County District Three
Terri Jeffreys, Co-chair
Mason County District Three
Cathy Wolfe, Commissioner
Thurston County District One

Governing Board - Minutes for April 14, 2016

1) 3:00 p.m. Call Meeting to Order

In Attendance: Bud Blake, Commissioner; Cathy Wolfe, Commissioner; Terri Jeffreys, Commissioner; Tom Stuebner, Public Health and Social Services Department Director; Mark Freedman, Interim BHO Administrator; Joe Avalos, BHO Chief Operations Officer; and Tina Gehrig, Clerk of the BHO Board

Chair Blake called the meeting to order at 3:07pm.

Vice Chair Jeffreys moved to approve the meeting agenda. Commissioner Wolfe seconded the motion. The motion carried.

Vice Chair Jeffreys moved to approve the March 31, 2016 meeting minutes. Commissioner Wolfe seconded the motion. The motion carried.

2) Opportunity for the Public to Address the Board – No public comment was given.

3) Action Items

a) Create a Non-County Fund Account with Thurston County Treasurer.

A separate County fund has already been set up so the Treasurer is familiar with this request. This fund will now be set up as a non-county fund since the funding now goes directly to TMBHO.

Vice-Chair Jeffreys moved to approve Resolution No. BHO 16-04 for Thurston Mason Behavioral Health Organization to request that the Thurston County Treasurer establish a Non-County Fund Account with the Thurston County Treasurer. Commissioner Wolfe seconded the motion. The motion carried.

b) Adoption of the 2016 Budget by the TMBHO.

The Thurston Mason Regional Support Network and Chemical Dependency budget for 2016 have previously been approved by the Thurston County Board of County Commissioners. However both budgets need to be approved by the TMBHO effective April 1st.

The TMBHO Governing Board requested that this item be delayed to allow for additional staff review of the budget presented. This will be discussed during the work session next week.

c) Roads to Community Living Contract between Department of Social and Health Services and Thurston Mason Behavioral Health Organization.

This contract allows for unique and specialized services to be purchased, otherwise not accessible for most, i.e., service animal training, specialized therapy, special furniture, etc.

Vice-Chair Jeffreys moved to approve the Roads to Community Living Contract between the Department of Social and Health Services and Thurston Mason Behavioral Health Organization for specialized services for children and older adults being discharged from inpatient treatment from April 1, 2016 through December 31, 2018, and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the contracts. Funding is based on the services provided and Thurston Mason Behavioral Health Organization can access up to an average of \$250,000 annually.

Commissioner Wolfe seconded the motion. The motion carried.

d) Contract on General Terms & Conditions between Thurston Mason Behavioral Health Organization and Network Providers.

There is very minor changes in these general terms and conditions from previous. They have been reviewed by both the Deputy Prosecuting Attorney and Tammy Devlin, Risk Manager. One major change is to reflect the BHO's new name.

Vice-Chair Jeffreys moved to approve the Contract on General Terms and Conditions between Thurston Mason Behavioral Health Organization and the 22 Network Providers listed in the summary statement from April 1, 2016 through December 31, 2020, and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the General Terms and Conditions.

Commissioner Wolfe seconded the motion. The motion carried.

e) Professional Service Contracts between Thurston Mason Behavioral Health Organization and Professional Service Providers.

The professional services contracts provide for services that directly or indirectly provide support to treatment services. These are non-Medicaid services. One significant reduction in funding is the Jet Computer Support contract. Due to the new computer system coming on board, the funding for this contract reduced.

Vice-Chair Jeffreys moved to approve the Professional Service Contracts between Thurston Mason Behavioral Health Organization and the Professional Service Contractors for services that directly or indirectly provide support to treatment services from April 1, 2016 through December 31, 2016, and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the contracts and any future amendments that do not change the amount or duration by more than 15% of the original contract. A change in the scope of services and outcomes in any contract would be reviewed by the BHO Board Chair prior to execution. The total combined maximum consideration for all Professional Services shall not exceed \$624,931.

Commissioner Wolfe seconded the motion. The motion carried.

f) Program Contracts between Thurston Mason Behavioral Health Organization and Network Providers.

This item included 20 different professional contracts which included current services as well as some new services, i.e., the mental health triage, substance abuse residential, and substance abuse detox. These services include both Medicaid and state funded services. After some discussion the Board requested that future items be broken down rather than all lumped together.

Vice-Chair Jeffreys moved to approve items 1-2 and 4-19 of the Program Contracts between Thurston Mason Behavioral Health Organization and the Network Providers listed in the summary statement for direct behavioral health treatment services from April 1, 2016 through December 31, 2016, and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the Contracts and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the contracts and any future amendments that do not change the amount or duration by more than 15% of the original contract. A change in the scope of services and outcomes in any contract would be reviewed by the BHO Board Chair prior to execution.

Commissioner Wolfe seconded the motion. The motion carried.

g) Program Contracts between Thurston Mason Behavioral Health Organization and FFS Residential Network Providers.

These contracts are with 7 residential providers that will have access to a combined pool of funds. This is in addition to the capacity residential contracts that TMBHO is purchasing as approved in item f. above. This will allow TMBHO to purchase residential beds as needed in addition to the existing capacity residential beds if they are full.

Vice-Chair Jeffreys moved to approve the Fee-for-Service Residential Program Contracts between Thurston Mason Behavioral Health Organization and 1) Excelsior Residential, 2) Lifeline Connections, 3) New Horizons Care Centers, 4) Olalla Recovery Centers, 5) Seadrunar, 6) Sundown M Ranch, and 7) Triumph Treatment for residential substance use disorder treatment services from April 1, 2016 through December 31, 2016, for a maximum combined consideration not to exceed \$493,537; and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the contracts and any future amendments that do not change the amount or duration by more than 15% of the original contract; and upon review with the BHO Board Chair, sign amendments where there is no budget change or major change in scope of work or outcomes.

Commissioner Wolfe seconded the motion. The motion carried.

h) Program Contract between Thurston Mason Behavioral Health Organization and American Behavioral Health for Detox.

American Behavioral Health Services is the closest provider that TMBHO was able to purchase capacity for detox services. They will have a van that transports clients from Thurston and Mason County to the facility in Port Angeles. Further discussion about pick up locations will be discussed.

Vice-Chair Jeffreys moved to approve item #3 between American Behavioral Health Services and Thurston Mason Behavioral Health Organization for Detox services in the amount of \$522,500 from April 1, 2016 through December 31, 2016, and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the Contract and authorize the

Administrator of Thurston Mason Behavioral Health Organization to execute the contract and any future amendments that do not change the amount or duration by more than 15% of the original contract. A change in the scope of services and outcomes in any contract would be reviewed by the BHO Board Chair prior to execution.

Commissioner Wolfe seconded the motion. The motion carried.

i) Program Contract between Thurston Mason Behavioral Health Organization and Telecare Corporation for Mental Health Triage.

Telecare Corporation was recently selected from a procurement process. They are a new service provider in Thurston Mason County, but have other facilities in the state. They use a recovery based model with a very low rate of seclusion and restraint. The contract includes Medicaid services (crisis stabilization, involuntary treatment, assessment and evaluation) and state funded custodial services (operations).

Discussion occurred about how law enforcement will be educated on how to access services at the triage facility. Mark Freedman has been working extensively with local law enforcement from multiple jurisdictions to develop a process and will continue to educate the community in both Thurston and Mason County. Vice-Chair Jeffreys indicated that she is interested in receiving the training as well. The unit has 10 beds with an average length of stay of 3 days. If applicable, once a client is stabilized they would move to the Evaluation and Treatment (E&T) facility for 14 days and then to Western State Hospital if required.

If an officer is uncertain about making the decision to take an individual to jail or the triage, they may take to the jail for an assessment and then they could be transferred to the triage if it's within 48 hours. The Prosecuting Attorney's office will have a PA on call 24 hours daily to assist with making these decisions as well. An extensive amount of planning has occurred to get all involved parties on the same page and to create an efficient program.

The unit was originally slated to be 16 beds, but the unfortunate decision was made to limit it to 10 beds. The Board expressed their desire in pursuing the use of the additional 6 beds. Mark Freedman will explore the options for capital funding.

Vice-Chair Jeffreys moved to approve item #20 between Telecare Corporation and Thurston Mason Behavioral Health Organization for mental health triage services including crisis stabilization, assessment and evaluation, involuntary treatment, and other services such as custodial care and business operations in the amount of \$3,546,240 from April 1, 2016 through December 31, 2016, and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the Contracts and authorize the Administrator of Thurston Mason Behavioral Health Organization to execute the contracts and any future amendments that do not change the amount or duration by more than 15% of the original contract. A change in the scope of services and outcomes in any contract would be reviewed by the BHO Board Chair prior to execution.

Commissioner Wolfe seconded the motion. The motion carried.

4) Updates

- Vice-Chair Jeffreys expressed her appreciation for the energy that Mark Freedman has put forth to increase services in Mason County, particularly the implementation of a mobile crisis response team. She will be briefing the Mason County Board of County Commissioners on Monday and is hopeful that discussion can begin about building a diversion house as well. There are some unspent mental health tax dollars that she would like to see go towards this development.
- Vice-Chair Jeffreys also mentioned that the Mason County Building Department and Public Health Director positions have been combined and they have a candidate selected.
- The BHO Governing Board will be holding a work session on Friday, April 22nd.
- The June TMBHO Governing Board meeting will be held in Mason County.
- The TMBHO Advisory Board is planning to attend the July Governing Board meeting.
- Vice-Chair Jeffreys is working on recruitment for the TMBHO Advisory Board.
- The TMBHO Governing Board meeting items are now posted on the Thurston County website.
- The proposed logo was reviewed and everyone was in favor of accepting it as the TMBHO logo.
- Agenda items for the next meeting will be discussed at the April 22nd work session.

5) Adjournment

Vice Chair Jeffreys moved to adjourn the meeting of April 14, 2016. Commissioner Wolfe seconded the motion. The motion carried. The meeting adjourned at 4:25.

THURSTON MASON BEHAVIORAL HEALTH GOVERNING BOARD


Thurston County, Washington

ATTEST:


BUD BLAKE, Chair


Tina Gehrig, Clerk of the Board

Date: 4/14/16


TERRI JEFFREYS, Vice Chair


CATHY WOLFE, Commissioner

