



GOVERNING BOARD

Bud Blake, Chair

Thurston County District Three

Terri Jeffreys, Co-chair

Mason County District Three

Cathy Wolfe, Commissioner

Thurston County District One

Governing Board - Minutes for July 21, 2016
Thurston County Courthouse, Bldg 1 Room 280

1:00 p.m. Call Meeting to Order

In Attendance: Bud Blake, Commissioner (on phone); Cathy Wolfe, Commissioner; Terri Jeffreys, Commissioner; Tom Stuebner, Public Health and Social Services Department Director; Mark Freedman, BHO Administrator; Joe Avalos, BHO Chief Operating Officer; and Tina Gehrig, Clerk of the BHO Board

Vice-Chair Jeffreys called the meeting to order at 1:19.

Chair Blake moved to approve the meeting agenda with the following corrections: 1) postpone the Advisory Board presentation, and 2) a change in contract date in item 3g.

Vice-Chair Jeffreys seconded the motion. The motion carried.

Chair Blake moved to approve the June 9, 2016 meeting minutes.

Vice-Chair Jeffreys seconded the motion. The motion carried.

Vice-Chair Jeffreys moved to approve the June 3, 2016 agenda setting meeting summary.

Chair Blake seconded the motion. The motion carried.

1) Opportunity for the Public to Address the Board – Gurinder Sodhi, a member of the Thurston Mason BHO Advisory Board was present. He stated that he has been an Advisory Board member since 2008 and wanted to acknowledge that the Advisory Board is a group of highly qualified individuals.

2) Presentation

a. Chris Foster, TMBHO MIS Supervisor

Chris gave a brief update on the accomplishments over the past three months of implementing the new IS functions. Previously IS functions were outsourced to a third party vendor which affected the timeliness of data and also increased costs. The BHO is part of the Washington State Consortium which provides more cost effective development and support while utilizing input from all consortium members to recommend, design and test all system enhancements. Data

that is entered and housed at each BHO contracted agency is electronically transmitted (every hour and a half), into the BHO database. Having this data reside in a single database offers the following benefits: Instant access to a complete client treatment record (mental health, substance use disorder, residential, evaluation and treatment, inpatient, etc.) Reports can be generated in house, which saves time, money and enhances internal productivity.

Phase 1 of the Avatar implementation is nearing completion. This included: database setup, user training, data entry/data import and data verification. Client demographic, funding and authorization information is being transmitted to the BHO with service encounter data soon to follow. The final steps of this phase will be to provide advanced system administration for each agency. There is a monthly user group that meets to provide a forum for discussion of implementation issues and questions, information on system updates and encourages user networking. A helpdesk that functions specifically to assist users with Avatar issues has been implemented as well.

Phase 2 implementation will include: Electronic Health Record, billing, automated eligibility verification, and transfer and storage of historical data.

3) Action Items

a. Resolution to approve TMBHO 2016 Budget

On July 20th, the Thurston County Board of County Commissioners adopted a resolution which reduced the appropriation and anticipated revenue from Thurston Mason RSN, including the millage and liquor tax revenue and authorized the transfer of the funds from Public Health to the BHO. Some discussion occurred about the reserves and how that fits into the overall budget, what's been encumbered and what still needs to be spent. Staff will begin discussion to look at the budget forecast for 2017 as well as a 5 year forecast, developing a plan for DSHS for spending of the reserves, projecting future revenue, what reserves need to be held at the BHO, etc.

Commissioner Wolfe moved to approve the Thurston Mason Behavioral Health Organization Budget Resolution No. BHO 16-06 for April 1, 2016 through December 31, 2016 for a total amount of \$47,365,487

Chair Blake seconded the motion. The motion carried.

b. Medicaid Contract between Pierce County Alliance and Thurston Mason Behavioral Health Organization

This contract supports the Medicaid substance use disorder treatment services for the Thurston County Drug Court contract. The integration of behavioral health services requires providers to contract directly with the BHO for Medicaid services. Superior Court will maintain a contract with Pierce County Alliance for non-Medicaid treatment services. Staff were encouraged to establish a policy for the 25% plus or minus allowance of contract authorizations that may be done by the Administrator. A sliding scale, or tiered, 15% above \$1mil; 25% below \$1mil, etc.

Commissioner Wolfe moved to approve the contract with Pierce County Alliance for Medicaid substance use disorder treatment services for a total maximum consideration not to exceed \$343,098 for the period June 1, 2016 through December 31, 2016. Further move to authorize

the Administrator of TMBHO to execute any future amendments that do not change the amount or duration by more than 25% of the original contract.

Chair Blake seconded the motion. The motion carried.

c. Department of Commerce Grant for Mason County Triage and Detoxification

This is a request to submit a capital funding grant to the Department of Commerce for renovation of an existing building in Shelton to be used for either a crisis triage and/or detoxification facility. Due to the cost, the request will be for an initial 10 bed facility with future expansion to 16 beds; and as funding is available expansion to the 2nd floor (crisis triage on 1st floor; detox on 2nd floor). Vice-Chair Jeffreys has made inquiry to her stakeholders about a preference for one or the other and overall the majority saw the immediate need for a triage facility. However, due to the lack of detox facilities in the region, it's more likely that a detox facility would be more feasible. Vice-Chair Jeffreys requested that staff check with the Department of Commerce about the option of applying for one or the other or both.

Commissioner Wolfe moved to approve the TMBHO submittal of a grant proposal for both evaluation and treatment beds and/or secure detoxification to Washington State Department of Commerce.

Vice-Chair Jeffreys seconded the motion. The motion carried.

d. Pregnant and Parenting Women Residential Bed Expansion Contract Amendment between Department of Social and Health Services and Thurston Mason Behavioral Health Organization.

This contract was previously approved by the Governing Board. This amendment serves to extend the contract an additional 3 months to complete the intended project. There is no change in funding.

Commissioner Wolfe moved to execute the amendment to the Pregnant and Parenting Women (PPW) Residential Bed Expansion contract between Thurston Mason Behavioral Health Organization and the Department of Social and Health Services from June 30, 2016 through December 31, 2016 with no changes in funding.

Chair Blake seconded the motion. The motion carried.

e. Request to create and fill 2 FTEs for essential BHO functions

TMBHO is requesting an additional 1.0 FTE Management Information Systems Coordinator to assist with the production of data necessary to meet state and federal requirements. This position is responsible for maintenance and integrity of the Netsmart-Avatar software application to send and receive all HIPAA transactions for Medicaid behavioral healthcare. This position is essential to manage the scope and volume of work.

The 1.0 FTE Social Services Program Specialist II position is a required position responsible for compliance with federal and state regulations to monitor/report fraud and abuse of public Medicaid funds. This position also coordinates the federally reported compliance committee for oversight of TMBHO and contracted treatment providers. This is an additional position needed

to manage the increased scope and volume of work as well. With the integration, 15 new providers were added.

Commissioner Wolfe moved to authorize the TMBHO Administrator to coordinate with Thurston County to create and fill a 1.0 FTE Management Information System Coordinator and a 1.0 FTE Social Services Program Specialist II in accordance with Thurston County hiring policies and practices.

Chair Blake seconded the motion. The motion carried.

f. Contract with Cascade Mental Health Services for substance use and mental health treatment

This request is to approve a contract with Cascade Mental Health for mental health and substance use disorder services to adequately meet the needs of clients that are geographically closer to these services than in Thurston County. Staff is working with Kitsap Mental Health as well to better serve clients in the Belfair area. Vice-Chair Jeffreys mentioned that Peninsula Community Health, a FQHC is moving into Mason County and is interested in contracting with TMBHO. The agency will also offer dental services and a pharmacy.

Commissioner Wolfe moved to execute the Contract with Cascade Mental Health for substance use and mental health treatment services for the period July 1, 2016 through December 31, 2016 for a total maximum consideration not to exceed \$186,000. Further move to authorize the Administrator of TMBHO to execute any future amendments that do not change the amount or duration by more than 25% of the original contract.

Chair Blake seconded the motion. The motion carried.

g. Mental Health Block Grant Amendment between Department of Social and Health Services and Thurston Mason Behavioral Health Organization.

This request is for approval of a contract amendment which provides funding for implementation of the New Journeys First Episode Psychosis (FEP) treatment that creates a positive clinical climate and maintains fidelity to the clinical concepts and core elements of Coordinated Specialty Care (CSC). This project will focus on building capacity for the assessment, case management, and treatment of Transition Age Youth (TAY) experiencing FEP with a strong emphasis on outreach and engagement. Staff will develop referral pathways, cultivate relationships, and provide community outreach. They will be responsible for client and family engagement, which includes assertive outreach, rapid contact after referral, efficient enrollment, and ongoing education and support. This grant was the result of all the recent school shootings. BHR applied for and received the grant, one of 3 in the state. These funds are added to the mental health block grant award and are only pass through. The Commissioners would like to receive a presentation at a future meeting on the project.

Commissioner Wolfe moved to execute the Mental Health Block Grant amendment between Thurston Mason Behavioral Health Organization and the Department of Social and Health Services for the First Episode Psychosis treatment project from July 01, 2016 through June 30, 2017, for a total maximum consideration not to exceed \$360,000 for a new contract maximum not to exceed \$873,600.

Chair Blake seconded the motion. The motion carried.

4) Updates

- Website – the new website was viewed. The Governing Board will have a “Meet our Board” page which will include pictures.
- Robin Campbell mentioned that she had met with the bond counsel and the triage building was identified as a county building that is being used by a private entity. The bond counsel needs to ensure that the tax exempt status will not be effected since this is a building currently being paid for with bond dollars. It was requested that staff hold off on the signing of this contract until the bond counsel can review the contract.
- The Thurston County BOCC has approved the request to hire and fill the Comptroller position. A new care manager will begin working on Monday. Miss Dana comes from Coordinated Care a Medicaid managed care company.
- Triage Facility Update – The ribbon cutting is scheduled for Thursday, August 25 at 12:00. Additional information will be coming out next week.
- Vice-Chair Jeffreys mentioned that the Mason County BOCC is reviewing the Interlocal agreement to move the millage funds from PHSS to the BHO; and keep the developmental disabilities millage funds going to PHSS. They are looking closely at clarifying the liability insurance language.

5) Adjournment

Vice Chair Jeffreys moved to adjourn the meeting of July 21, 2016. Commissioner Wolfe seconded the motion. The motion carried. The meeting adjourned at 2:36.

THURSTON MASON BEHAVIORAL HEALTH GOVERNING BOARD

Thurston County, Washington

ATTEST:



BUD/BLAKE, Chair



Tina Gehrig, Clerk of the Board

Date: 8/15/16



TERRI JEFFREYS, Vice Chair



CATHY WOLFE, Commissioner