



GOVERNING BOARD

Bud Blake, Chair
Thurston County District Three

Terri Jeffreys, Co-chair
Mason County District Three

Cathy Wolfe, Commissioner
Thurston County District One

Governing Board - Minutes for October 19, 2016
Thurston County Courthouse, Bldg 1 Room 280

1. 1:30 p.m. Call Meeting to Order

In Attendance: Bud Blake, Commissioner; Terri Jeffreys, Commissioner; Tom Stuebner, Public Health and Social Services Department Director; Mark Freedman, BHO Administrator; Joe Avalos, BHO Chief Operating Officer; and Tina Gehrig, Clerk of the BHO Board

Chair Blake called the meeting to order at 1:40.

- a. Vice-Chair Jeffreys moved to approve the meeting agenda. Chair Blake seconded the motion. The motion carried.
- b. Vice-Chair Jeffreys moved to approve the August 18, 2016 meeting minutes. Chair Blake seconded the motion. The motion carried.
- c. Vice-Chair Jeffreys moved to approve the August 12 and September 9, 2016 agenda setting meeting minutes. Chair Blake seconded the motion. The motion carried.

2. Opportunity for the Public to Address the Board

There was no public present.

3. Action Items

- a. **HARPS/Peer Bridger Contract between Department of Social and Health Services and Thurston-Mason Behavioral Health Organization**

This contract will fund 2 FTE's to assist individuals leaving Western State Hospital with peer support to help them transition back into the community. Currently Thurston-Mason has about 6 clients who come and go on a monthly basis from Western State Hospital. The total census for TMBHO is 32. If the census exceeds that number, TMBHO pays a penalty. Last month there was a total of 200 persons statewide waiting to be discharged who did not have a discharge plan. DBHR has given each BHO 2 positions for this project. The peer may work with the individual for an average of 6-12 months, both while in the hospital and post hospitalization with the overall goal of reducing re-hospitalization.

Vice-Chair Jeffreys moved to approve the Housing and Recovery through Peer Support Services (HARPS)/Peer Bridger Contract between Thurston-Mason Behavioral Health Organization and the Department of Social and Health Services for Peer Support Services in Western State Hospital from July 1, 2016 through June 30, 2017 for a total maximum consideration not to exceed \$160,000. Chair Blake seconded the motion. The motion carried.

- b. **Project for Assistance to Transition from Homelessness (PATH) Contract between Department of Social and Health Services and Thurston-Mason Behavioral Health Organization**

This contract is a continuation of a long term contract that provides outreach to the homeless to assist in connecting them to services and benefits. These funds can be used for non-Medicaid individuals that may not otherwise have access to services. If they qualify for Medicaid, they would attempt to enroll the individual. TMBHO contracts with Capital Recovery Center to provide this service.

Vice-Chair Jeffreys moved to approve the Projects for Assistance to Transition from Homeless (PATH) contract for homeless outreach services between the Department of Social and Health Services and Thurston-Mason Behavioral Health Organization from October 1, 2016 through September 30, 2017 for a total maximum consideration not to exceed \$89,377. Further, move to approve the related subcontract with Capital Recovery Center for a total maximum consideration not to exceed \$119,129; and authorize the Administrator of Thurston-Mason Behavioral Health Organization to execute the contract as well as any future amendments that do not change the amount or duration by more than 15% of the original contract. Chair Blake seconded the motion. The motion carried.

- c. Program Contract between Thurston-Mason Behavioral Health Organization and Behavioral Health Resources

This contract is to implement and deliver the New Journey program for first episode psychosis (FEP). This federal project is in response to the numerous school shootings. TMHBO is one of 3 BHO's who is implementing this Federal grant. BHR was the applicant so TMBHO is serving as a pass through and also has oversight of the program. FEP refers to problem behavior that can most often be identified and an intervention can be done to attempt to reduce the initial psychosis break. Referrals will come from schools, families, agencies, etc.

Vice-Chair Jeffreys moved to approve the New Journeys Program Contract between Thurston-Mason Behavioral Health Organization (BHO) and Behavioral Health Resources for First Episode Psychosis mental health treatment services from September 01, 2016 through June 30, 2017, with a total maximum consideration not exceed \$360,000; and authorize the Administrator of Thurston-Mason Behavioral Health Organization to execute the contract and any future amendments that do not change the amount or duration by more than 15% of the original contract. Chair Blake seconded the motion. The motion carried.

- d. Agreement and Resolution between Thurston-Mason Behavioral Health Organization Governing Board and Thurston County for Administrative Services

This Agreement is for purchase of administrative services and qualified staff to operate Thurston-Mason BHO for the period April 1, 2016 through December 31, 2017.

Vice-Chair Jeffreys moved to approve the Agreement and Resolution between Thurston-Mason Behavioral Health Organization Governing Board and Thurston County for Administrative Services for the period April 1, 2016 through December 31, 2017 in an amount not to exceed \$8,109,308. Chair Blake seconded the motion. The motion carried.

- e. Agreement and Resolution between Thurston-Mason Behavioral Health Organization and Thurston County Public Defense

This Agreement is for purchase of judicial services provided by Thurston County Public Defense for individuals who are involuntarily detained to Thurston County due to their mental disorder.

Vice-Chair Jeffreys moved to approve the Agreement and Resolution between Thurston-Mason BHO and Thurston County Public Defense (TCPD) to fund judicial services provided to individuals who are involuntary detained to Thurston County for the period April 1, 2016 through December 31, 2017 in an amount not to exceed \$150,000. Chair Blake seconded the motion. The motion carried.

f. Agreement and Resolution between Thurston-Mason Behavioral Health Organization and Thurston County Clerk's Office

This Agreement is for purchase of judicial services provided by Thurston County Clerk's Office for individuals who are involuntarily detained to Thurston County due to their mental disorder.

Vice-Chair Jeffreys moved to approve the Agreement and Resolution between Thurston-Mason BHO and Thurston County Clerk's Office to fund judicial services provided to individuals who are involuntarily detained to Thurston County for the period April 1, 2016 through December 31, 2017 in an amount not to exceed \$260,000. Chair Blake seconded the motion. The motion carried.

g. Agreement and Resolution between Thurston-Mason Behavioral Health Organization and Mason County for Millage and Liquor Tax

This Agreement is to allow TMBHO to receive the portion of millage and liquor tax for mental health and substance use services from Mason County.

Vice-Chair Jeffreys moved to approve the Agreement and Resolution between Thurston-Mason BHO and Mason County for Millage and Liquor Tax for the period April 1, 2016 until terminated. Chair Blake seconded the motion. The motion carried.

h. Resolution Establishing a Procedure for approving Thurston-Mason Behavioral Health Organization Vouchers

This Resolution establishes a procedure for vouchers to be approved prior to the next scheduled monthly Governing Board meeting to meet necessary timelines. The Governing Board will still review and approve the vouchers at their next regularly scheduled monthly meeting.

Vice-Chair Jeffreys moved to approve Resolution #BHO 16-10 establishing a procedure for approving vouchers on behalf of Thurston-Mason Behavioral Health Governing Board prior to scheduled meetings for the period October 20, 2016 until terminated. Chair Blake seconded the motion. The motion carried.

4. Updates

- Triage Court Process – Judge Murphy received and acknowledged the letter from the Governing Board and understands the importance of compliance with legal requirements. Since the Triage facility opened, one person has been transported to the E&T for court. The E&T has stipulated that they will only see clients from the Triage at the end of the day and if there is time. Staff will arrange to meet with the Governing Board and the Prosecuting Attorney to work towards a resolution. The next step is going to the Court of Appeals which results in an emergency request and is usually resolved within one week. The BHO is committed to maintain the intent of the Crisis Triage being available for both involuntary and voluntary.
- Legal Counsel – Staff have received 3 bids. A summary and recommendation will be presented at the next meeting.
- Human Resources Contract Discussion – Discussion occurred about the benefit of hiring a consultant versus directly hiring staff. Over the next few months, several items will be impacting the workload required of an HR staff. With the BHO's interest in becoming a licensed mental health agency to bring functions in-house, i.e., jail staff, designated mental health professional, required medical director; implementation of 1115 waiver, etc. With so many unknowns it was recommended that the BHO consider hiring a consultant for the initial workload. Mark will get preliminary bids for HR services. The Board would like to see what the additional cost of liability insurance would be if the BHO became a licensed mental health agency. The cost of the HR consultant will be added to the 2017 PLR.
- There is a 2017 Legislative Steering Committee meeting next week.

- Triage – Joe reiterated that the lack of court for involuntary clients is a great hardship on both clients and staff for the E&T and Telecare.
- Increase in methadone slots. Evergreen Treatment Services has requested an increase in their capacity served from the current 650 to 850 clients. They have reached their maximum capacity and have a wait list of 150. Approval is needed from the Thurston County Board of Health. It was mentioned that this client population is the highest priority for services. Mason County is still interested in opening a facility. While approximately 300 clients come from Mason County, opening a facility is a very lengthy process. The Board is interested in raising the cap from 650 to 850 for Evergreen Treatment Services as well as pursuing the option of opening a facility in Mason County. The Grays Harbor facility recently opened and they are already at their capacity of 300. This request for the increase will go before the Board of Health at their November 8th or December 13th meeting.
- Lara Toney and Patricia Dean were both introduced as new BHO Case Managers. Patricia comes from SeaMar with experience in behavioral health, medical, and dental and will work on system of care for the BHO. Lara comes from Providence ER and will focus on Mason County services.

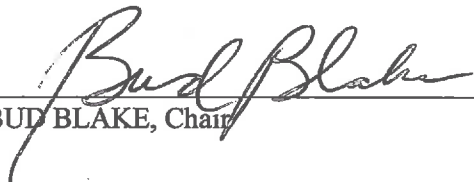
5. Adjournment

Vice Chair Jeffreys moved to adjourn the meeting of October 19, 2016. Chair Blake seconded the motion. The motion carried. The meeting adjourned at 3:04.

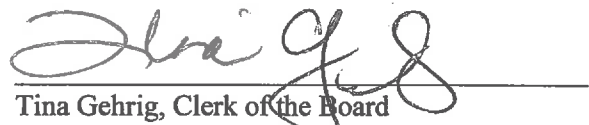
THURSTON-MASON BEHAVIORAL HEALTH GOVERNING BOARD

Thurston County, Washington

ATTEST:



BUD BLAKE, Chair



Tina Gehrig, Clerk of the Board

Date: 11/10/16



TERRI JEFFREYS, Vice Chair



CATHY WOLFE, Commissioner