



GOVERNING BOARD

Bud Blake, Chair

Thurston County District Three

Terri Jeffreys, Co-chair

Mason County District Three

Cathy Wolfe, Commissioner

Thurston County District One

Governing Board - Minutes for August 18, 2016
Thurston County Courthouse, Bldg 1 Room 280

1. 1:00 p.m. Call Meeting to Order

In Attendance: Bud Blake, Commissioner; Cathy Wolfe, Commissioner; Terri Jeffreys, Commissioner; Tom Stuebner, Public Health and Social Services Department Director; Mark Freedman, BHO Administrator; Joe Avalos, BHO Chief Operating Officer; and Tina Gehrig, Clerk of the BHO Board

Chair Blake called the meeting to order at 1:00.

- a. Vice-Chair Jeffreys moved to approve the meeting agenda.
- b. Vice-Chair Jeffreys moved to approve the July 21, 2016 meeting minutes with the correction that Commissioner Bud Blake was present at the last meeting on the phone.
Commissioner Wolfe seconded the motion. The motion carried.
- c. Vice-Chair Jeffreys moved to approve the July 15, 2016 agenda setting meeting minutes.
Commissioner Wolfe seconded the motion. The motion carried.

2. Opportunity for the Public to Address the Board

Mary May, a Shelton Peer Support Specialist introduced herself. She is trying to organize a non-profit organization for peer support in Mason County to provide a voice for those who have none. One of her clients commented that she and her son have been helped with the support provided by a peer role model.

Commissioners Blake and Wolfe both mentioned how impressed they were with their recent visit to Capital Recovery Center. There were about 25 clients present who expressed how important the peer support program has been in their lives. Mark Freedman encouraged Ms. May to look at working with CRC about expansion into Mason County.

3. Presentation

Thurston-Mason BHO Advisory Board

Advisory Board Chair Cassey Jankowiak introduced herself and briefly explained that the intent was for more Board members to be present today to briefly describe their background and to build the awareness of the BHO and get feedback on how the Advisory Board can support the BHO Governing Board in working together.

Jeanne Rehwaldt, a Mason County Board applicant introduced herself and briefly described her work experience and background. Mr. Rehwaldt is the Executive Director of Mason Matters and is very excited to help on the Advisory Board. Mental health/substance use disorder is one of the 7 priorities of the community health improvement plan that Mason Matters is spearheading.

Kathy Geist introduced herself. She is also a Mason County applicant. Ms. Geist is the Manager of the Mason Transit Authority in downtown Shelton. She deals daily with clients that are affected by mental health and substance use. She said this is an exciting time to be working with this population as the resources have greatly expanded and continue to.

The Board thanked Ms. Jankowiak for her diligence in attending 2 Governing Board Meetings. It was requested that the Governing Board have a work session with the Advisory Board so that they can feel empowered and work together on future projects.

Mark Freedman distributed a draft revised policy and procedure re: the protocol for Advisory Board appointments. Currently the Advisory Board is required to have a minimum of 9 members and a maximum of 15 from both Thurston and Mason County residents.

The meeting was dismissed at 1:15 and reconvened at 1:40 for a fire drill.

Advisory Board members meet monthly and work closely with staff, i.e., reviewing RFP's, budgets and a minimum of 51% must be a consumer or parent of. Three new Mason County member appointments will be considered during the next agenda item. The process for appointment of Mason County members will require that the person first be interviewed by the Mason County Board of County Commissioners and then the recommendation will come to the Advisory Board for review and final recommendation and appointment come from the BHO Governing Board. Staff review each applicant to assure that there is not a conflict of interest and to make sure that a family/consumer mix is maintained. The areas that are currently lacking representation that are federally mandated are law enforcement, substance use, and tribal. The Advisory Board meetings are open meetings so anyone is welcome to attend.

Mr. Freedman also mentioned that the Advocacy Subcommittee of the Advisory Board plans an annual forum that highlights different themes such as stigma reduction, advance directives, etc.

4. Action Items

- a. **Appointment of Kathy Geist, R. Jeanne Rehwaldt, and Madison Larsen to the Thurston-Mason Behavioral Health Advisory Board.**

Commissioner Jeffreys expressed that all three candidates are very qualified individuals who would serve the Advisory board well. Ms. Geist is very familiar with the needs of the downtown area as she serves as the Mason Transit Director. Ms. Rehwaldt works closely with the community as the Director of Mason Matters; and Ms. Larsen will work closely and advocate for youth as a Juvenile Probation Officer.

Vice-Chair Jeffreys moved to appoint Kathy Geist, R. Jeanne Rehwaldt, and Madison Larsen to the Thurston-Mason Behavioral Health Advisory Board for a three year term effective September, 2016 through September, 2019.

Commissioner Wolfe seconded the motion. The motion carried.

- b. **Prepaid Inpatient Health Plan Contract Amendment between Department of Social and Health Services and Thurston-Mason Behavioral Health Organization.**

This contract provides general language clean-up and increases the amount of reserves that the BHO can maintain. A question was raised about the rates. Mr. Freedman replied that yearly updates are made based on utilization, number of eligible, legislative approval, etc. Thurston-Mason BHO has five different rate categories, 1) non-disabled adults, 2) disabled adults, 3) non-disabled children, 4) disabled children, and 5) newly eligible for the nearly 81,000 Medicaid eligible individuals in our Thurston-Masons region.

Vice-Chair Jeffreys moved to execute the Prepaid Inpatient Health Plan Contract Amendment #1 between Thurston-Mason Behavioral Health Organization and the Department of Social and Health Services from April 1, 2016 through June 30, 2017.

Commissioner Wolfe seconded the motion. The motion carried.

- c. **Behavioral Health State Contract Amendment between Department of Social and Health Services and Thurston-Mason Behavioral Health Organization.**

This contract provides general language clean-up and \$215,000 in start-up funds for the mobile crisis teams.

Vice-Chair Jeffreys moved to execute the Behavioral Health State Contract Amendment between Thurston-Mason Behavioral Health Organization and the Department of Social and Health Services from April 1, 2016 through June 30, 2017 for a total maximum consideration not to exceed \$234,404 for a revised contract total of \$7,259,921.

Commissioner Wolfe seconded the motion. The motion carried.

d. Contract Award for Mobile Crisis Outreach Team Request for Proposals to Telecare Corporation

The successful bidder, Telecare will operate a mobile crisis team in Thurston County and a second team in Mason County 7 days per week/24 hours per day. Services will include a comprehensive bundle of services that work conjointly to engage the high-risk behavioral health population including mobile crisis outreach, intensive case management services, supportive housing, and linkages to outpatient treatment. Discussion occurred about housing. Mr. Freedman said that the BHO is in discussion with Drexel House to be able to access shelter and transitional beds. Local treatment sales tax funding is being utilized in Thurston County to pay for Oxford Housing. Clients are able to receive up to three months of assistance. However, many are successful in finding employment and are able to pay for their own housing within two months. TST funds were able to house 100 individuals in 2015.

Discussion also occurred about the concern that the Triage not become a hospital or another evaluation and treatment center. The goal of the Triage is to hold individuals for the least amount of time, get them stabilized, and then transitioned elsewhere. The crisis teams include mental health professionals and chemical dependency professionals who will evaluate the individual for the appropriate level of care, while ensuring client safety.

Discussion occurred about the need for a courtroom at the Triage facility. Mr. Freedman explained that a hearing before a judge is required after the 72 hour hold to determine if a 7 day or 14 day detention is warranted or the individual is able to be discharged. The average length of stay at the E&T is 7 days. It is anticipated that this population being served at the Triage will be more severe and safety is paramount. The Triage is intended to be a single point of entry for police drop off rather than taking to jail or emergency departments. Utilization Management has been assigned to Adelina Dana who recently joined the BHO from a managed care company. Her job is to ensure that clients are getting the care they need and that they're being released in a timely manner.

Vice-Chair Jeffrey moved to award the contract for the Mason County Mobile Crisis Team and Thurston County Mobile Crisis Team, to Telecare Corporation, from September 01, 2016 through December 31, 2017 for a maximum consideration not to exceed \$3,500,000 and authorize the Administrator of Thurston-Mason Behavioral Health Organization to execute the Contract as well as future amendments that do not change the approved dollar amount or duration by 15%.

Commissioner Wolfe seconded the motion. The motion carried.

e. Program Contract between Thurston-Mason Behavioral Health Organization and Cowlitz Family Health Center.

This contract allows for the BHO to purchase residential beds on a fee-for-service basis. There are currently clients being served at Cowlitz Family Health Center. The agency serves pregnant and parenting women which is hard population to find beds for. This contract will share the previously approved pot of funding with 8 other contractors.

Vice-Chair Jeffrey moved to approve the Fee-for-Service SUD Residential Program Contract between Thurston-Mason Behavioral Health Organization and Cowlitz Family Health Center for

residential substance use disorder treatment services from April 1, 2016 through December 31, 2016, for a maximum combined consideration not to exceed \$493,537; and authorize the Administrator of Thurston-Mason Behavioral Health Organization to execute the contract.

5. Updates

- ABHS Chehalis Detox Facility – ABHS has applied for funding from the Department of Commerce to expand their current residential facility to also include detox. A decision is pending.
- Staff are working on the County's 2017 Budget.
- The Comptroller position is posted. Next week, 2 care manager positions will be open. One is specifically for Mason County.
- Mr. Stuebner mentioned that the Public Health and Social Services budget includes 26 employee positions. The budget also includes hiring a Human Resources Director.
- Community Care Center – The facility lease is being signed and staff are writing the protocol for police to bring clients involuntarily.
- The BHO is looking at become a licensed mental health agency. Currently the BHO can only contract with licensed mental health providers. There are several functions that would either be better provided directly by the BHO such as designated mental health professional staff or by the BHO being licensed and contracting with agencies rather than each individual agency having to become a licensed provider such as: housing, clinical jail services, Nurse Family Partnership, etc. Chair Blake requested that staff complete a risk analysis of becoming a licensed mental health agency.
- Vice-Chair Jeffreys asked that she be kept informed about issues that may be specific to Thurston County's budget process, but which also affect the BHO. She would also like to be included in the treatment sales tax discussions.
- Chair Blake would like to begin planning ahead for legislative issues. This will be put on the agenda for next month. Full integration implementation is a topic. Any issues that the BOCC should take to their legislative meeting should be sent. Further discussion will occur at the work session.
- The September 30th budget planning session will occur in Mason County.
- Chair Blake would also like to schedule an Advisory board work session in late October/early November.
- The website should be launched by the end of the month.

6. Adjournment

Vice Chair Jeffreys moved to adjourn the meeting of August 18, 2016. Commissioner Wolfe seconded the motion. The motion carried. The meeting adjourned at 2:58.


THURSTON MASON BEHAVIORAL HEALTH GOVERNING BOARD

Thurston County, Washington

ATTEST:



BUD BLAKE, Chair



Tina Gehrig, Clerk of the Board

Date: 10/28/16



TERRI JEFFREYS, Vice Chair



CATHY WOLFE, Commissioner