

Medicaid and Level of Care & Service Navigator: (PAGE ONE)

The Levels of Care are meant to serve as guidelines and are not meant to be static. Although initial placement may begin at a particular level of care, clients may move to/from different levels of service. Services at all levels of care must be medically necessary and expected to benefit clients (based upon an updated LOCUS, treatment plan, and choice).

Authorization								
	Name	Description	LOCUS Score	Average Expected Length of Stay (days)	Authorization Length in (days)	Initial Authorization	Re-Authorization	Clinical Review Criteria for Approval
1	Maintenance / Recovery	For clients who are living either independently or with minimal support in the community, <b>and</b> have achieved significant recovery from past episodes of illness. Treatment and service needs do not require supervision or frequent contact.	10-13	180 days or less	Up to 365	MH Intake / LOC score sheet	LOC score sheet & Clinical Review	<ul style="list-style-type: none"> <li>Complex med management</li> <li>Recent spike may re-auth &lt; 365 days</li> <li>Medication Change</li> <li>History of cycling, on-going needed support</li> <li>Evidence transition would result in relapse.</li> </ul>
2	Brief/Intensive (B/I)  Outpatient Services	Brief / Intensive services for consumers new to care, or those who require a brief episode of care. Services are intended to be intensive and "front-loaded."  Mild to moderate clinical symptoms, behaviors, and/or functional impairments and/or deterioration due to a diagnosed psychiatric illness. Demonstrated capacity and willingness to engage in treatment and/or has responded positively to more intensive treatment and this level offers ongoing treatment to maintain gains (typical Routine Outpatient services)	14-16	90 days or less (Brief)  180 days or less (OP)	Up to 180	MH Intake / LOC score sheet	LOC score sheet & Clinical Review	<ul style="list-style-type: none"> <li>Demonstration that consumer will likely benefit from time limited service.</li> <li>Progressing – Reauth &lt; 365 days</li> <li>New Diagnosis/Issue requiring treatment</li> <li>Maintenance needed at LOC – 2 service level (multiple services)</li> </ul>
3	Intensive Outpatient Services	Multiple and/or significant symptoms and functional impairments, or deterioration in more than one life domain due to a diagnosed psychiatric illness; person requires more focused, intensive treatment and service coordination. Services are provided in either a clinic or community setting.	17-19	180 days or less	Up to 180	MH Intake / LOC score sheet	LOC score sheet & Clinical Review	<ul style="list-style-type: none"> <li>LOCUS score OK and remains symptomatic w/multifunctional impairments</li> <li>Progressing &amp; moving to lower LOC will increase risk</li> <li>Lack of progress, but recent signs of engagement</li> <li>Lack of progress, but new TX strategy</li> </ul>
4	Medically Monitored Community Based Services	Clients capable of living in the community either in supportive or independent settings, but whose treatment needs require intensive management by a multi-disciplinary treatment team. Services, which would be included in this level of care, have traditionally been described as partial hospital programs and as assertive community treatment programs (PACT).	20-22	90 days  PACT – 180 days or longer	90	MH Intake / LOC score sheet & Clinical Review	LOC score sheet / TX plan / Clinical Review	<ul style="list-style-type: none"> <li>LOCUS score OK and remains symptomatic w/multifunctional impairments</li> <li>Progressing &amp; moving to lower LOC will increase risk</li> <li>Lack of progress, but recent signs of engagement</li> <li>Lack of progress, but new TX strategy</li> </ul>
5	Medically Monitored Hospital Diversion Services	Traditionally, non-hospital, free standing residential facilities based in the community ( <b>hospital diversion</b> ). In some cases, longer-term care for persons with chronic, non-recoverable disability, which has traditionally been provided in nursing homes or similar facilities, may be included at this level. <b>(Not offered as an outpatient service – refer to LOC 4 for placement options)</b>	23-27	Stab-5 days/res– 180 days	5 (stab)  180 (res)	LOC score sheet & Clinical Review	LOC score sheet & Clinical Review	<ul style="list-style-type: none"> <li>Remains symptomatic with multi-functional problems requiring 24/7 care</li> <li>Progressing &amp; moving to lower LOC will increase risk</li> <li>Lack of progress, but recent signs of engagement</li> <li>Lack of progress, but new TX strategy</li> </ul>
6	Medically Monitored Residential or Inpatient Services	Based on medical necessity and admission criteria – not dependent on a consumer’s LOCUS level <b>(Not offered as an outpatient service – refer to LOC 4 for placement options)</b>	28+	3 days	3	LOC score sheet & Clinical Review	LOC score sheet & Clinical Review	<ul style="list-style-type: none"> <li>Recent med changes to monitor</li> <li>Move to new LOC in progress</li> <li>LOCUS confirms on-going need for 24/7 care</li> </ul>
<b>Allowed Overlapping Authorizations:</b> <ul style="list-style-type: none"> <li>Clubhouse; Rehabilitation Case Management available for persons coming out of a 24/hour facility; Any specialty (ancillary) and time limited program (i.e., EBP).</li> <li>LOC 5-one day overlap</li> </ul>								

Service intensity among the different modalities (psychiatric, therapy, therapeutic psychoeducation, care management) is presented as a guideline. Care should always be individualized based on Medical Necessity, the individualized treatment plan, and the consumer’s wishes. **Recommended hours are not intended to be cumulative across all types of modalities.** In some circumstances a consumer may have part of their hours from across all modalities, while others have all their hours from only one modality.

	Name	Modalities Allowed* <small>*Crisis Services, Rehabilitation Case Management, Intake, and Special Population evaluation are allowed at all levels of care</small>	Target Service Hours / Month	Psychiatric	Therapy	Case Management	Therapeutic Psycho-Ed
1	Maintenance / Recovery	Includes all services from LOC-1A	<b>1.5</b> <small>(Range: 1.36 – 1.64 hours)</small>	.25 to .50 hours per month  (in combination with other TX modalities)	.25 to .50 hours per month  (in combination with other TX modalities)	.25 to .50 hours per month  (in combination with other TX modalities)	.25 to .50 hours per month  (in combination with other TX modalities)
2	Outpatient Services	Individual Therapy Group Therapy Family Therapy Psychosocial Rehabilitation Peer Support Medication management Case Management	<b>4</b> <small>(Range: 3.64 – 4.36 hours)</small>	2.0 hours per month – titrating to .50 hours per month  (in combination with other TX modalities)	Not less than 2.0 hours per month (for brief intervention)  1.0 – 1.5 hours per month (OP)  (in combination with other TX modalities)	Not less than 2.0 hours per month (for brief intervention)  1.0 – 1.5 hours per month (OP)  (in combination with other TX modalities)	1.0 – 1.5 hours per month (OP)  (in combination with other TX modalities)
3	Intensive Outpatient Services	Includes all services from LOC-2, plus: <b>Medication Monitoring</b>	<b>9.5</b> <small>(Range: 8.65 – 10.35 hours)</small>	Medication Management range: 2.0 hours per month – titrating to .50 hours per month  Medication Monitoring range: 1.0 – 2.0 hours per month  (in combination with other TX modalities)	2.0 – 4.0 hours per month  (in combination with other TX modalities)	2.0 – 4.0 hours per month  (in combination with other TX modalities)	2.0 – 4.0 hours per month  (in combination with other TX modalities)
4	Medically Monitored Community Based Services	Includes all services from LOC-3	<b>12</b> <small>(Range: 10.92 – 13.08)</small>	Medication Management range: 2.0 hours per month – titrating to .50 hours per month  Medication Monitoring range: 1.0 – 2.0 hours per month  (in combination with other TX modalities)	3.0 – 6.0 hours per month  (in combination with other TX modalities)	3.0 – 6.0 hours per month  (in combination with other TX modalities)	3.0 – 6.0 hours per month  (in combination with other TX modalities)
5	Medically Monitored Hospital Diversion Services	Includes Crisis Stabilization services (Stab) and CSTU Residential Services (Res)  <b>(Not offered as an outpatient service – refer to LOC 4 for placement options)</b>	<b>10 - 20</b> week / Per diem	<b>Stab:</b> Med. Man. 3X/week. Med Monitoring daily  <b>Res:</b> Med Man. 1X/week. Med Monitoring daily  Access to RN	3 or more hours per week	3 or more hours per week	3 or more hours per week
6	Medically Monitored Residential or Inpatient Services	<b>LOC-6 includes only: Inpatient services</b> (screened by BHO, authorized by TMBHO representative)  <b>(Not offered as an outpatient service – refer to LOC 4 for placement options)</b>	24 hour care / Per diem	Psychiatric Care 24/7  Medication Administration – daily  On-site nursing 24/7	Stab: 2x/day  Res: 1x/week	Stab: 2x/day  Res: 1x/week	Stab: 2x/day  Res: 1x/week

<b>UM Thresholds:</b> The following describes the hours of service that will trigger a UM review by a TMBHO Care Manager. These thresholds are not capitations for service Levels							
LOC	Lower Limit on Services		Upper UM threshold on Srvs Hrs.		LOC	Lower Limit on Services	
1	No services for 90 days		>3hrs/mo. for 3 consecutive months		4	<6hrs/mo for 2 consecutive months	
2	<2 hrs/month for 3 consecutive months		>8hrs/mo. 3 consecutive months		5	<b>N/A – This LOC not authorized by TMBHO</b>	
3	<5hrs/mo. for 3 consecutive months		>16hrs/mo. 3 consecutive months (or, >180 days at LOC)		6	<b>N/A – This LOC not authorized by TMBHO</b>	